

Kindness Rock Activity

Supplies Needed

1. Flat, smooth river rocks work best. Find them at your local craft store, garden center, or landscape supply company. Typically, rocks 1.5" to 3" sizes work best.
2. Acrylic paint pens

Directions for Staff or Volunteers

At this table, children will be invited to decorate a rock to take home and give to someone in their neighborhood (e.g., a family member, neighbor, friend, teacher, community helper, etc.) to brighten up their day. Or they can leave it in a safe public place for someone to find.

Steps for making a kindness rock:

1. Each child will choose a rock.
2. Children will use paint pens to decorate their rock.

DO NOT ADD STICKERS OR GOOGLE EYES TO YOUR ROCKS AS THEY CAN HARM ANIMALS.

Sample rocks may be on the table for reference. Encourage children to decorate the rocks with any design or words they might like to add. If they ask you for suggestions, you might offer examples like a rainbow, heart, sun, smiley face, butterfly, flower, or phrases from *Daniel Tiger's Neighborhood* like "Ugga Mugga," "Hi, Neighbor!," "It's You I Like," or "You're Tigertastic!"

Remind children to take the rock home to give to someone in their neighborhood or leave in a safe, public place for someone to find.

