



West Virginia Adventure List:

- ☐ Visit a Waterfall
- ☐ Explore Mountains
- ☐ Visit a Lake
- ☐ Eat a Pepperoni Roll
- ☐ Visit a Zoo
- ☐ Enjoy Winter Sports
- ☐ Take a Train Ride
- ☐ Visit a Historic Town

Movement Activity

Go on your own Wonderfully Wild West Virginia adventure—right where are you!

How to play: One person calls out an adventure from the list, and everyone else performs the corresponding movement.

Adventure List

- **The Good Zoo-** Shhhhhh! Tiptoe quietly to escape!
- **Cooper's Rock-** Pretend like you are hiking.
- **Seneca Rocks-** Pretend like you are climbing.
- **Summersville Lake-** Jump into the water with a big splash!
- **Cass Railroad-** Pretend like you are a train- let's see your best Chugga Chugga Choo Choo!
- **Blackwater Falls-** Leap from side to side like you are hopping from rock to rock!
- **Donut Shop-** Phew, sit down and relax.